## Ministry of Science and Higher Education of the Russian Federation

Ministry of Education and Science of the Republic of Tatarstan

[Ministry of Sports of the Republic of Tatarstan](http://mdms.tatarstan.ru/eng/)

Russian Students Sport Union

Kazan National Research Technical University named after A.N.Tupolev

Cultural and Sports Complex KAI «Olympus»,

Peoples' Friendship University of Russia (RUDN University)

[Al-Farabi Kazakh National University](https://www.kaznu.kz/en)

**ANNOUNCEMENT**

We invite you to take part in the Vth International Scientific and Practical Conference «Physical Education and Student Sports through the Eyes of Students», which will be held on November 29-30, 2019 on the basis of the Kazan National Research Technical University named after A.N. Tupolev - KAI in the framework of the strategy for the development of physical culture and sports in the Russian Federation.

The following categories of people are invited to attend the conference: bachelor and master students, PhD students, young scientists, teachers of educational institutions of higher education, university professors, chairmen of student sports clubs, physical culture experts.

**THE CONFERENCE IS BEING ORGANIZED IN THE FOLLOWING SECTIONS**

1. Physical training and sports in the student community, the role of self-study, ways to increase motivation in sports.
2. Innovations in the educational process on «Physical Education» subject and the search for new forms and ways of engaging young people in sports and physical culture.
3. Sports clubs and student sports in educational institutions.
4. Implementation of Russian sports complex «Ready for Labor and Defense» in universities: features and problems.
5. Health technologies, psychological-pedagogical and medical-biological problems of physical culture and sports.
6. Legal issues of university sports organization.
7. Student sport in the system of secondary vocational education.

According to the results of the conference, it is planned to publish a digest of conference reports. Digest will be assigned codes ISBN, UDC (universal decimal classification), LBC (Library bibliographic classification). The texts of the reports will be placed in the system of the Russian Science Citation Index of the Scientific Electronic Library (RISC).

The Organizing Committee reserves the right to reject materials that do not correspond to the subject of the conference and / or issued in violation of these requirements, with a significant percentage of the borrowed text, and also submitted after the deadline for receiving materials.

Materials will be included in the digest in the author's edition. The organizing committee does not edit the text. The number of authors of one report is no more than three. The volume of reports is no more than three pages. Student materials are accepted in collaboration with the supervisor.

**TERMS OF PARTICIPATION AND PROVISION OF MATERIALS**

List of documents and materials provided:

1. Application for participation (Appendix 1)

2. Article / report theses

Please send your applications for participation and materials with an indication of a chosen section to the following email addresses:

Sections 1-5, 7: [fkis-kai@mail.ru](mailto:fkis-kai@mail.ru), Yusupov R.A.

Section 6: [epkafedra@mail.ru](mailto:epkafedra@mail.ru), Novakovskaya A.V.

Travel expenses and accommodation should be covered by the sending organization. Students who have submitted articles and a full package of documents will receive an opportunity of free placement in the KNITU - KAI hostel. For more information about the possibility of accommodation, you can get by calling the contact numbers listed below.

**Deadline for application October 15, 2019.**

The text of the article should contain a brief statement of the purpose, methodology and results of the research (if possible: an analysis of the data obtained and conclusions).

Publication volume should not exceed three pages. The text should be typed in Word 2003 text editor, font Times New Roman, size - 12, paragraph indent - 1.25 with line spacing «factor 1,2», alignment – «in width» in A4 format. Margins: left - 2.5 cm, right - 1.5 cm, top - 2 cm, bottom - 2 cm. Title must be center aligned and typed in bold capital letters without hyphenation.

Formulas in the text are typed in Microsoft Equation. Figures, diagrams, diagrams should be clear (photographs are not accepted) and be sure to have figure captions.

The name, initials of the author, co-authors including scientific supervisor should be located below the title and be center aligned as well. Please specify the full name of the institution on the next line in lowercase letters. One line below, starting with indented line the text of the report to be printed (without hyphenation). Figures and tables should be embedded into the text of the report, captions are to be performed in 10pt. The figures should be performed by means of computer graphics, photographs should have a resolution of 300dpi. Bibliographyis to be listed at the end of the report, references are cited in the text in square brackets. Please send the report in a separate file with the indication of the author’s family name and the city as well as the section of the conference (e.g.: Ivanov\_Kazan\_2). Application for participation must be sent as a separate file in the same form with the addition of the word: «Application» (e.g.: Ivanov\_Kazan\_Application).

Reports which do not meet the specified requirements or the conference sections will not be taken in further consideration. All reports are published in the edition of the author. Plenary Session and work with mentioned sections will be held on the territory of the Cultural and Sports Complex KAI «Olympus», Kazan, Chistopolskaya Street, 69. The work of round tables led by representatives of the Ministry of Science and Higher Education of the Russian Federation, Ministry of Education and Science of the Republic of Tatarstan and [Ministry of Sports of the Republic of Tatarstan](http://mdms.tatarstan.ru/eng/) is being expected.

The current announcement is the official invitation to participate in the conference (additional calls and invitations to participate in the conference will not be send).

Participation in the conference is free of charge. The collection of reports in printed form will be issued in case of full-time participation in the conference. In case of absentia participation the collection of reports can be send in electronic format upon request. Each publication will be included in the electronic library of the university and will receive the registration of Russian Science Citation Index.

Chairman of the organizing committee: rector of KNRTU-KAI – PhD in Mathematical and Physical Sciences, Professor Gilmutdinov Albert Kharisovich.

The co-chairs of the organizing committee: vice-rector for educational activities and educational work, PhD in Engineering sciences - Lopatin Alexey Alexandrovich; Head of Physical Culture and Sport Department, PhD in Biological Sciences - Professor Yusupov Rinat Andarzyanovich; PhD in Engineering sciences - Associate Professor Akishin Boris Aleekseevich.

Inquiries are available on the following phone numbers:

Akishin Boris: +7 (987) 2971204.

Zibreva Elena +7(905) 3173758

Yusupova Liliya: +7 (843) 562-03-40, +7(987) 2927089.

The application form is attached as Appendix 1.

Example of the report formatting is attached as Appendix 2.

**ORGANIZINGCOMMITTEE**

Appendix 1

APPLICATION

for participation in Vth International scientific-practical conference «Physical education and student sport through the eyes of students» with international participation

**Names of the author and co-authors\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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Expected form of participation in the conference:

Presentation at the plenary session \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Presentation at the section meeting \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Only publication of the report abstract \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Name, position and title of the scientific supervisor** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Phone number, Postal address and E-mail of a supervisor \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Appendix 2

**PHYSICAL TRAINING AND STUDENTS’ SPORTS, ROLE OF SELF-TRAINING, WAYS OF IMPROVING MOTIVATION FOR SPORTS TRAINING**

***E.A. Ryzhova, R.R. Bikbov***

*(KNRTU-KAI, Kazan, Russia)*

**Abstract.** This article describes general information on physical training, its influence on the human body, as well as ways of improving motivation for sports among students.

**Keywords:** physical culture, competition, health, motivation.